



Mounted POR Map Reading Training

At **Ablington Airfield, Ablington, Bibury GL7 5NX** by kind permission of Mr Mason and Mr Phillips.

SATURDAY 15th May 2021

There will 2 routes:

- Level 1 – 15km
- Level 2 – 18km

The terrain is mostly on bridleways, some quiet lanes possibly past some cows and there is an optional water crossing. Being on the Cotswolds some of the bridleways are stony, so hoof boots are advisable for barefoot horses. You will likely meet walkers, dogs, cyclists etc.

TREC is a fun riding event usually comprising three phases. This event involves the skills and situations a rider might encounter on a hack, including map reading (using Ordnance Survey maps usually 1:25 000 scale). The aim of the training is to give an introduction/practice for the POR phase of a TREC event, **it is your responsibility to familiarise yourself with the basic rules. The TREC GB Rulebook (5th edition 1 February 2019 and the changes to it) can be found on the TREC GB website, <https://trecgb.com/rules/>**

Entry fee £25 for Wessex TREC members and TREC GB members, **£30 for non members**. Numbers will be limited.

Please make a BACS payment to **Wessex Trec 77-50-11 Account Number 50401668 Ref POR150521** with an accompanying email to treasurer@wessextre.com to confirm payment has been made.

Entry form to be emailed to chair@wessextre.com or completed online at www.wessextre.com/events/practice-por

To meet Covid-19 requirements:

- There are lots of spacious barns which we will use as a map room for you to copy your route and there will be training advice on hand if needed (area will be sanitised between users)
- There will be tickets and checkpoint/s on route
- You will be need to print your record card to record your own times & tickets (this will be sent with rider info)

Important information

- Our instructor will be on site to give a briefing at the start and will offer feedback for those who would like it
- There will be a basic tack check before you start
- You can ride ideally as a pair, but also as an individual if you have competed in TREC before. We will also have mentors available for you to ride with if needed.
- You will need to bring your own refreshments including water for horses

Required equipment:

This is not the full list of equipment required for a TREC competition and you are welcome to bring full kit if you wish

1. **Riders must wear hats of PAS015 or of superior standard.** All hats must be properly fitted, be fastened with a chinstrap and must be worn at all times when mounted
2. Fluorescent/reflective tabard or similar for rider; horse ideally also to wear something fluorescent eg leg wraps
3. Personal ID for rider and horse
4. Mobile phone
5. Basic first aid for horse & rider e.g. dressings & vetwrap
6. Compass
7. Map marking pen - a thin gel pen, orange or pink is recommended
8. Body protectors are optional but recommended.

Other helpful items you may wish to have: hoof pick, map case, digital watch, waterproofs

Helpers

All TREC competitions rely on the support of volunteer judges and helpers. Can you or anyone coming with you lend a hand?

Please contact *Helen Curley* by e-mail chair@wessextrek.com if you can assist us with stewarding on the day.

Health and Safety

The organiser will take all reasonable precautions to ensure the health and safety of everyone present. For these measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents occurring and must obey the instructions of the officials and stewards on the day.

Trained First Aiders will be present at the event and should be summoned through an official in the event of an accident. The organiser may provide contact telephone numbers for emergency veterinary and farriery services.

Competitors are asked to safeguard valuable tack and possessions. Young children must be supervised at all times. Neither the event manager/organiser nor the land/course owners can accept responsibility for loss or injury to persons or animals howsoever caused.

Event Rules

- 1) Horses must be a minimum of four years old to compete at Level 1, 2 and 2A and five years old to compete at levels 3 and 4. Mares more than four months pregnant may not compete.
- 2) The welfare of horses competing in British TREC events is paramount. No horse may attend if it is unsound or unfit to carry the rider for any reason. Any rider who continues on a horse that they know to be unsound or that has been definitively stopped by organisers will be asked to leave.
- 3) Riders under the age of sixteen on day of competition may only attend as a Pair and must be accompanied by a rider of **18 years or older**. Pairs ride together for POR and separately for the MA and PTV. [Parents/guardians of competitors under the age of 18 on the day of the competition will be required to complete a Parental Consent Form \(available on the TREC GB website\)](#)
- 4) All riders attending must be members of either *Wessex TREC Club*, TREC GB or a club affiliated to TREC GB. Non members will pay an additional £5 to become members of *Wessex TREC Club* for the duration of the event.
- 5) Clearly visible coloured tail wraps/ribbons should be worn to advise other riders of a potential hazard – Red = kicker, Green = young/inexperienced horse, Blue = stallion. If the horse/pony is a stallion then stallion discs must also be worn on both sides of the bridle.

Wessex TREC Club
Mounted POR Map Reading Training, 15th May, Ablington
Please print clearly

Title:(Mr,Mrs,etc).....

Forename:..... Surname:.....

Address:.....Postcode:.....

Email:

Contact Number: Date of Birth (*if under 18 years*):
(under 16s must be accompanied by a rider over 18 yrs old)

Wessex TREC number TREC GB number

Name of Horse.....HeightAge.....

I would like to ride: Level 1 route / Level 2 route (*delete as appropriate*)

I would like to ride: On my own / In a pair with

Registration no of vehicle and is it a lorry or a trailer?.....

Who are you travelling with

Date of last Flu vaccination

PLEASE BRING YOUR PASSPORT AS THEY MAY BE SPOT CHECKED. Please ensure your horse's vaccinations are up to date and within venues guidelines.

Summary of TREC experience to date:

Emergency Contact Name

Relationship Contact Number.....

Payment Details

Entry Fee

I have paid by BACs transfer and emailed the Treasurer: treasurer@wessextrecom

Or:

I have sent a cheque payable to Wessex TREC to: M Bowers, Wessex TREC Treasurer, 48 The Green, Quenington, Glos, GL7 5BS

I have read and agree to abide by the CLUB & TREC GB rules listed above. I am happy for any photographs taken to be used in event reports and publicity for the club and TREC GB.

I further accept and acknowledge that horse riding is by nature a high risk sport and I take part entirely at my own risk.

Rider under 16 years old? YES / NO If the competitor is under 16 a parent or guardian must sign. A parental consent form must also be sent for any riders under 16.

Please sign declaration

.....

Date

GENERAL RULES & CONDITIONS

RULES AS PER THE TREC GB RULEBOOK AVAILABLE TO DOWNLOAD FROM WWW.TRECGB.COM

Your attention is particularly drawn to Appendix 7 p92 2019 TREC GB Rulebook (5th edition)

1. Competitions and trainings are open to all horses and ponies providing that they are a minimum of 4 years old for ridden classes and 1 year old for in hand classes.

2. Riders any age, juniors may ride horses and seniors may ride ponies.

3. No rider will be permitted to start any phase of the event unless wearing a correctly fitted hard hat with the chin strap correctly fastened meeting one or more of the current standards as listed below:

PAS 015 (1998 or 2011) provided it has a BSI Kitemark OR an Inspec IC Mark

VG1 01.040 (2014-12) provided it has a BSI Kitemark OR an Inspec IC Mark

SEI ASTM 95 ASTM F1163 (2004a or 04a onwards), providing it has an SEI mark

SNELL E2001 OR E2016, providing it has a SNELL label and number AS/NZS 3838 (2006 onwards), providing it has an SAI Global mark .

4. Riders may choose to wear a body protector during any phase of the competition. If worn, Beta 3 2009 or 2018 standard is strongly recommended.

5. Tack & dress informal but safe. Riders must wear suitable riding footwear.

6. Standing Martingales and other fixed reins are forbidden. If a running martingale is used, horse must be led from headcollar and lead rope for led PTV obstacles.

7. Whips must not exceed 75cms in competition. Spurs, if worn, must be rounded, not exceeding 3.5cms in length and must not point upwards.

8. The judges and official's decision is final and must be complied with at all times.

Covid-19 Declaration for Wessex TREC

I confirm that I do not have symptoms of Covid-19, nor does any member of my household.

As far as I'm aware I have not been in contact with someone with Covid-19 in the 14 days prior to the ride.

If I or a member of my household develop symptoms after signing this form, or I have been notified that I have had contact with a person who has C-19 (track & trace), I will not attend the training.

I will travel to the venue alone, or with a member of the same household.

I will ensure a minimum of 5m between parked vehicles.

I will bring soap/water or alcohol hand sanitiser for my own use.

I will maintain social distancing keeping a 2m distance between people at all times

Signed:

.....Date:.....

(parent/guardian to sign if under 18)

Emergency Contact details:

Name: