



Summer TREC Training Day

At AVON RDA, Kings Weston Rd, Henbury, Bristol BS10 7QT

by kind permission of Ms Claire Evans.

Sunday 13th June 2021

Summer TREC is a fun riding event usually comprising of three phases all taking place outside. The three phases of a Summer TREC are PTV (16 obstacles), MA (slow canter, fast walk in a timed corridor) and POR (riding a given route following a map copied at the start from an Ordnance Survey 1:25,000 map, with timed checkpoints and tickets). This event involves the skills and situations a rider might encounter on a hack, including map reading..

The Training Day will consist of 1.5 hours PTV /MA Training with an instructor in the field to simulate a transition from Winter Arena TREC to the Summer TREC. There may be some fixed obstacles and therefore body protectors will be mandatory.

There will also be a drop-in area where there will be an opportunity to chat with our instructors about anything to do with Summer TREC. Maps of previous Summer TREC routes will be available to copy, simulating the map room at a Summer TREC. Our instructors can help you to read a compass and give you a handout so you can practice at home.

Equipment belonging to competitors of Summer TREC will be available for you to look at and advice on how to corral your horse for a weekend event can be given. Ask as many questions as you wish.

Along with the PTV instruction there will be a chance to ride the beautiful tracks around Avon RDA. The terrain is mostly on trackways, fields, woodland and surfaced canter track. You will likely meet walkers and dogs. The venue is close to the motorway and railway line and wind turbines are visible in the distance. Ideally, we would like you to ride the tracks in pairs. However, you can ride the tracks as an individual if you have competed in TREC before; we will also have mentors available to ride with you if needed.

The aim of the training is to give an introduction/practice for all phases of a Summer TREC event; **it is your responsibility to familiarise yourself with the basic rules. The TREC GB Rulebook (5th edition 1 February 2019 and the changes to it) can be found on the TREC GB website, <https://trecgb.com/rules/>**

Entry fee £35 for Wessex TREC members and TREC GB members, £40 for non-members. Numbers will be limited.

Please make a BACS payment to **Wessex TREC 77-50-11 Account Number 50401668 Ref AVON130621** with an accompanying email to treasurer@wessex trec.com to confirm payment has been made.

Entry form to be emailed to chair@wessex trec.com

Required equipment:

This is not the full list of equipment required for a TREC competition and you are welcome to bring full kit if you wish.

1. **Riders must wear hats of PAS015 or of superior standard.** All hats must be properly fitted, be fastened with a chinstrap and must be worn at all times when mounted
2. Fluorescent/reflective tabard or similar for rider; horse ideally also to wear something fluorescent e.g. leg wraps when out on the tracks
3. Personal ID for rider and horse
4. Mobile phone
5. Basic first aid for horse & rider e.g. dressings & vet wrap
6. Compass
7. Map marking pen - a thin gel pen, orange or pink is recommended
8. **Body protectors are compulsory.**

Other helpful items you may wish to have: hoof pick, map case, digital watch, waterproofs.

Helpers

All TREC competitions rely on the support of volunteer judges and helpers. Can you or anyone coming with you lend a hand?

Please contact *Helen Curley* by e-mail chair@wessex trec.com if you can assist us with stewarding on the day.

Health and Safety

The organiser will take all reasonable precautions to ensure the health and safety of everyone present. For these measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents occurring and must obey the instructions of the officials and stewards on the day.

Trained First Aiders will be present at the event and should be summoned through an official in the event of an accident. The organiser may provide contact telephone numbers for emergency veterinary and farriery services.

Participants are asked to safeguard valuable tack and possessions. Young children must be supervised at all times. Neither the event manager/organiser nor the land/course owners can accept responsibility for loss or injury to persons or animals howsoever caused.

Event Rules

- 1) Horses must be a minimum of four years old to compete at Level 1, 2 and 2A and five years old to compete at levels 3 and 4. Mares more than four months pregnant may not compete.
- 2) The welfare of horses competing in British TREC events is paramount. No horse may attend if it is unsound or unfit to carry the rider for any reason. Any rider who continues on a horse that they know to be unsound or that has been definitively stopped by organisers will be asked to leave.
- 3) Riders under the age of fourteen on day of competition may only attend as a Pair and must be accompanied by a rider of **18 years or older**. Pairs ride together for POR and separately for the MA and PTV. [Parents/guardians of competitors under the age of 18 on the day of the competition will be required to complete a Parental Consent Form \(available on the TREC GB website\)](#)
- 4) All riders attending must be members of either *Wessex TREC Club*, TREC GB or a club affiliated to TREC GB. Non-members will pay an additional £5 to become members of Wessex TREC Club for the duration of the event.
- 5) Clearly visible coloured tail wraps/ribbons should be worn to advise other riders of a potential hazard – Red = kicker, Green = young/inexperienced horse, Blue = stallion. If the horse/pony is a stallion then stallion discs must also be worn on both sides of the bridle.

Wessex TREC Club
Mounted PTV/ MA Training 13th June 2021 Avon RDA
Please print clearly

Title:(Mr,Mrs,etc).....

Forename:..... Surname:.....

Address:.....Postcode:.....

Email:

Contact Number:Date of Birth (*if under 18 years*):

Emergency Contact Name

RelationshipContact Number.....

Wessex TREC number TREC GB number

Name of Horse..... Height

Age.....

Registration no of vehicle and is it a lorry or a trailer?.....

Who are you travelling with

Date of last Flu vaccination

PLEASE BRING YOUR PASSPORT AS THEY MAY BE SPOT CHECKED. Please ensure your horse is vaccinated up to date and within venues guidelines.

Summary of TREC experience to date:

Payment Details

Entry Fee

I have paid by BACs transfer and emailed the Treasurer.....

OR

I have sent a cheque payable to Wessex TREC to: M Bowers, Wessex TREC Treasurer, 48 The Green, Quenington, Glos, GL7 5BS .

I am happy for any photographs taken to be used in event reports and publicity for the club and TREC GB.

I further accept and acknowledge that horse riding is by nature a high risk sport and I take part entirely at my own risk.

Covid 19 terms & conditions: Please follow all Government guidelines. On arrival please park with plenty of space for social distancing. Horses to be separated by a vehicle, so that horses from different vehicles are not next to each other. There will be toilet facilities available. Please do not enter the livery yard or any marked areas that are closed for access. Please apply hand sanitiser on arrival and prior to leaving. Please take any used PPE/litter home with you. Anyone feeling unwell with Covid 19 type symptoms MUST NOT attend and a refund can be requested.

I have read and agree to abide by the CLUB & TREC GB rules, including current Covid-19 restrictions. Any competitor not complying with the National Government Guidelines may be asked to leave the venue.

Rider under 18 years old? YES / NO If the competitor is under 18 a parent or guardian must sign. A parental consent form must also be sent for any riders under 18.

Please sign declaration

.....

Date

Equine Flu Requirements:

TREC GB requires that all events, including training & camps, involving equines should insist that vaccinations are up to date (12 month cycle) and check passports before horses are unloaded. Horses that have had their annual vaccination or a booster, within the last six days of the event should not be allowed to compete. For unvaccinated horses to be able to compete a new programme takes a minimum of 28 days.

1. The twelve month cycle means that a horse’s vaccinations should be dated on or within 365 days (twelve months), for each year recorded on the passport, after the initial cycle of three injections were originally completed. For example, a horse vaccinated on 15th March one year needs to be vaccinated on or before 15th March the following year. This also applies in leap years.

2. Horses with several years of annual booster vaccinations can have gaps in their record provided that;

a) The first two primary injections where administered correctly before 1st January 2015. (2nd

injection 21-92 days after the 1st injection).
b) All annual boosters since 1st January 2015 are within time.

Please send a copy of your horse's vaccination certificate to the entries secretary along with your entry before the closing date for verification and addition to the TREC GB Equine Vaccination database. Subsequent boosters can be notified to organiser or sent to admin@trecgb.com for database update. Copies can be sent by email/post

GENERAL RULES & CONDITIONS

RULES AS PER THE TREC GB RULEBOOK AVAILABLE TO DOWNLOAD FROM WWW.TRECGB.COM

Your attention is particularly drawn to Appendix 7 p92 2019 TREC GB Rulebook (5th edition)

1. Competitions and trainings are open to all horses and ponies providing that they are a minimum of 4 years old for ridden classes and 1 year old for in hand classes.
2. Riders any age, juniors may ride horses and seniors may ride ponies.
3. No rider will be permitted to start any phase of the event unless wearing a correctly fitted hard hat with the chin strap correctly fastened meeting one or more of the current standards as listed below:
PAS 015 (1998 or 2011) provided it has a BSI Kitemark OR an Inspec IC Mark
VG1 01.040 (2014-12) provided it has a BSI Kitemark OR an Inspec IC Mark
SEI ASTM 95 ASTM F1163 (2004a or 04a onwards), providing it has an SEI mark
SNELL E2001 OR E2016, providing it has a SNELL label and number AS/NZS 3838 (2006 onwards), providing it has an SAI Global mark .
4. Riders may choose to wear a body protector during any phase of the competition. If worn, Beta 3 2009 or 2018 standard is strongly recommended.
5. Tack & dress informal but safe. Riders must wear suitable riding footwear.
6. Standing Martingales and other fixed reins are forbidden. If a running martingale is used, horse must be led from headcollar and lead rope for led PTV obstacles.
7. Whips must not exceed 75cms in competition. Spurs, if worn, must be rounded, not exceeding 3.5cms in length and must not point upwards.
8. The judges and official's decision is final and must be complied with at all times.

IMPORTANT PLEASE NOTE

Avon Riding Centre RDA site rules, please read carefully.

Covid-19

1. In order to protect staff and clients we have put a number of precautions in place. The main building will be closed with only access to the Arena and toilet area. If using the toilet facilities please wash your hands thoroughly and use the spray provided to wipe down any surfaces you touch. Hand sanitiser is available at the entrance to both arenas, and we ask that you use this before entering and after exiting the arena. It is your responsibility to ensure that you are social distancing, and until restrictions are lifted we will have to limit the number of people/horses in the indoor arena to 4 and outdoor arena to 2.

2. Riding of horses only in hired areas.
3. Stables are out of bounds.
4. Any breakages must be paid for.
5. Dogs must be kept on a lead at all times.
6. No mucking out of trailers/horse boxes on site.
7. All droppings must be cleared.
8. Strictly no smoking anywhere on site; with the exception of the designated smoking area by the picnic benches. Any cigarette butts must be removed from the site.

Please sign and date

Name.....

Date.....



Parental Consent form

If you are entering a child under 18 for the competition, please fill in this form and send it in with your entry.

Parental Consent Form

Name of child: _____ Date of Birth: ____/____/____

Any Disabilities or Special Needs: _____

Name of Event: _____ Date of Event: _____

Home Address of Parent/ Guardian: _____

_____ Post Code: _____

Tel No (Day): _____ Tel No (Eve): _____

Mobile No: _____

In case of Emergency number: _____

If you are not attending the event with your child who will be responsible for them at the event:- Name: _____ Phone number _____

Additional details: (any information, given in confidence, of which the organisers should be aware – specific dietary needs, details of any medication, allergies etc.)

DECLARATION: I have received comprehensive details of this event and consent to my child taking part in the activities indicated. I consent to my child receiving any medical treatment, which in the opinion of a qualified medical practitioner, may be necessary.

I am aware that photographs will be taken during the TREC event for promotional purposes and give consent for my child to feature in such photos.

Signed: _____ (Parent/ Carer) Date: _____

Signed: _____ (Child) Date: _____

