



Practice POR (Mounted orienteering training)

At Murcot Shooting Ground, Childswickham, Worcestershire, WR11 7HH

Please use W3W//balconies.shrimps.slyly

by kind permission of Mr S Perry & Mrs E Sinclair Perry

Saturday 18th April 2026

There will be 2 routes:

- Level 1 – Approx 12km
- Level 2 – Approx 18km

The terrain is mostly on bridleways, & byways, some quiet lanes possibly past some cows and horses. Its based in the Cotswolds, so it will be hilly and stony in some parts. There will be one main road to cross twice, which will be manned. You will likely meet walkers, dogs, cyclists etc.

TREC is a fun riding event usually comprising three phases. This event involves the skills and situations a rider might encounter on a hack, including map reading (using Ordnance Survey maps usually 1:25 000 scale). The aim of the training is to give an introduction/practice for the POR phase of a TREC event, **it is your responsibility to familiarise yourself with the basic rules. The TREC GB Rulebook (8th edition 1 February 2026 and the changes to it) can be found on the TREC GB website, <https://trecgb.com/rules/>**

Entry fee £20 for Wessex TREC members and TREC GB members, £25 for non members.
Numbers will be limited.

Please enter online at: <https://wessextrecom/online-entries/>

If you are unable to do this, please contact membership@wessextrecom

ENTRIES CLOSE: 13th April 2026

All enquiries to: **Sally Ashwin, sallyashwin126@gmail.com**

Important information

- There will be someone on site to give a briefing at the start and will offer feedback for those who would like it
- There will be a basic tack check before you start
- You can ride ideally as a pair, but also as an individual if you have competed in TREC before.

- You will need to bring your own water for horses
- Tea/coffee and cake will be available for riders and helpers

Required equipment:

This is not the full list of equipment required for a TREC competition and you are welcome to bring full kit if you wish

1. **Riders must wear hats of PAS015 or of superior standard.** All hats must be properly fitted, be fastened with a chinstrap and must be worn at all times when mounted
2. Fluorescent/reflective tabard or similar for rider; horse also to wear something fluorescent eg leg wraps
3. Personal ID for rider and horse
4. Mobile phone
5. Basic first aid for horse & rider e.g. dressings & vetwrap
6. Compass
7. Map marking pen - a thin gel pen, orange or pink is recommended
8. Body protectors are optional but recommended.

Other helpful items you may wish to have: hoof pick, map case, digital watch, waterproofs

Helpers

All TREC competitions rely on the support of volunteer judges and helpers. Can you or anyone coming with you lend a hand?

Please contact *Sally Ashwin* by e-mail sallyashwin126@gmail.com if you can assist us with stewarding on the day.

Health and Safety

The organiser will take all reasonable precautions to ensure the health and safety of everyone present. For these measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents occurring and must obey the instructions of the officials and stewards on the day.

Trained First Aiders will be present at the event and should be summoned through an official in the event of an accident. The organiser may provide contact telephone numbers for emergency veterinary and farriery services.

Competitors are asked to safeguard valuable tack and possessions. Young children must be supervised at all times. Neither the event manager/organiser nor the land/course owners can accept responsibility for loss or injury to persons or animals howsoever caused.

Event Rules

- 1) Horses must be a minimum of four years old to compete at Level 1, 2 and 2A and five years old to compete at levels 3 and 4. Mares more than four months pregnant may not compete.
- 2) The welfare of horses competing in British TREC events is paramount. No horse may attend if it is unsound or unfit to carry the rider for any reason. Any rider who continues on a horse that they know to be unsound or that has been definitively stopped by organisers will be asked to leave.
- 3) Riders under the age of fourteen on day of competition may only attend as a Pair and must be

accompanied by a rider of **18 years or older**. Pairs ride together for POR and separately for the MA and PTV. [Parents/guardians of competitors under the age of 18 on the day of the competition will be required to complete a Parental Consent Form \(available on the TREC GB website\)](#)

- 4) All riders attending must be members of either *Wessex TREC Club*, TREC GB or a club affiliated to TREC GB. Non members will pay an additional £5 to become members of *Wessex TREC Club* for the duration of the event.
- 5) Clearly visible coloured tail wraps/ribbons should be worn to advise other riders of a potential hazard – Red = kicker, Green = young/inexperienced horse, Blue = stallion. If the horse/pony is a stallion then stallion discs must also be worn on both sides of the bridle.